The Becoming A Man Fellowship Initiative (BAM-FI) program empowers young men of color with the tools and confidence needed for personal, academic, and career success.

**WHY BAM-FI WORKS**

**IT'S AN EVIDENCED-BASED PROGRAM**
that is backed up by a Randomized Controlled Trial (RCT) conducted by the University of Chicago's Urban Labs.

**IT INTEGRATES CLINICAL THEORY AND PRACTICE**
men's rites of passage work, and a dynamic approach to youth engagement.

**IT DELIVERS ON OUR MISSION**
of "meeting students where they are," by providing ongoing basic, social-emotional, mental health and post-secondary education supports to our students.

**HOW BAM-FI WORKS**

- Delivered via weekly 60-90 minute group counseling sessions in “Circles” of 10-14 students during the school day.

- Circles are led by BAM Youth Specialists, who are college-educated and Youth Guidance staff, and who are accessible to students for individual sessions to ensure that all students' needs are met.

- BAM-FI Program Specialists are embedded in the school focused on facilitating postsecondary preparation workshops, assisting students with goal-setting for life beyond high school graduation.

- Students meet on 2 Saturday sessions monthly during the academic year to supplement the in-school postsecondary planning and civic leadership & development.

- Students participate in a 6-week summer workshop that covers College and Career Readiness, Academic Supports, Leadership Development and Community Service.

**BAM-FI IN WASHINGTON, D.C.**

The BAM-Fi program launched in March 2022, serving ninth grade students across four DC high schools. BAM-Fi is now serving students at Ballou High School, Dunbar High School, Eastern High School, H.D. Woodson High School, Ron Brown College Preparatory High School, and Roosevelt High School.
BAM-FI PARTICIPANT SERVICES & ACTIVITIES

→ MENTAL HEALTH & WELL-BEING
  Workshops focused on key developmental tasks and challenges facing adolescents, providing practical knowledge and tools that adults can employ to support their child’s development.

→ ACADEMIC SUPPORT
  Co-curricular instruction in core academic subjects (math, science, English), as well as individual tutoring through community partners. ACT/SAT test preparation is also provided.

→ POSTSECONDARY PLANNING
  College and career exposure workshops and career planning, exploration and readiness activities.

→ CIVIC LEADERSHIP & DEVELOPMENT
  Experiences that build knowledge and understanding of current social, political, and cultural issues that empower the participants to self-advocate and engage in local and national discourse.

→ SUMMER INTERNSHIPS & JOBS
  Connect students to summer job and internships.

### BAM-FI CORE VALUES

At the foundation of the BAM-FI experience is the BAM® curriculum. The curriculum is organized around six core values, which are explicitly aligned with academic-based social-emotional learning standards that include self-awareness, self-management, social-awareness, and responsible decision making.

→ INTEGRITY
  Students learn that a man is someone who is reliable, honest, and in touch with his virtues.

→ ACCOUNTABILITY
  Students learn that they should be responsible for the choices they make and take ownership for their feelings, thoughts and behaviors.

→ SELF-DETERMINATION
  Students learn the importance of focus and perseverance in reaching one’s goals and learn to deal with self-defeating feelings, thoughts and behaviors.

→ POSITIVE ANGER EXPRESSION
  Students learn anger management, coping skills and effective techniques to express anger.

→ RESPECT FOR WOMANHOOD
  Students are challenged to take a critical look at the values and actions that represent positive experiences and appreciation for women.

→ VISIONARY GOAL-SETTING
  Students learn to envision their futures and make clear connections between current behaviors, attitudes, values and visions.