WOW YOUTH GUIDANCE Impact

DALLAS

Working On Womanhood (WOW) works to improve social-emotional competencies for young women in 6th-12th grade exposed to traumatic stressors in high risk and under-resourced communities.

THE CHALLENGE

7 out of 10 young women in WOW have clinically significant symptoms of PTSD, anxiety and/or depression

THE IMPACT

62% of WOW students experienced fewer PTSD symptoms*

71% of WOW students experienced fewer depression symptoms*

96% of WOW students reported that the program has helped them make better decisions for themselves

*of those starting in the clinical range

> **"MY WOW COUNSELORS HAVE HELPED ME TREMENDUOUSLY WITH MY ANGER AND SELF-AWARENESS. SINCE I JOINED WOW, I HAVE BECOME VERY AWARE OF MY ACTIONS. I THINK BEFORE I ACT."**
>
> —WOW SCHOLAR

STUDENT STORY

Emma (student's name has been changed for privacy) says she credits her WOW counselors Brandi and Shereta for helping to steer her in a better direction. Prior to joining WOW, Emma was plagued by poor attendance and disciplinary issues that often kept her out of class.

WOW helped Emma to be more accountable to administrators but most importantly, herself. Emma's WOW counselors begin working with her to become more active in school and activities. By the end of her first year in the WOW program, she reported less absences and improved grades. Emma was able to reach a personal and academic goal of being inducted into the National Honor Society. Emma's success is a credit to accountability and self-awareness, which she shares she owed herself, her family, and her WOW counselors and peers.

YOUTH GUIDANCE
GUIDING KIDS TO BRIGHT FUTURES

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