THE BAM FELLOWSHIP INITIATIVE
YOUTH GUIDANCE

WASHINGTON, D.C.

The Becoming A Man Fellowship Initiative (BAM-FI) program empowers young men of color with the tools and confidence needed for personal, academic, and career success.

The Becoming A Man Fellowship Initiative (BAM-FI) program delivers year-round comprehensive counseling, mentoring, and postsecondary readiness programming to address male-identifying youth who have been exposed to trauma and face social, behavioral, cognitive, or emotional challenges in Washington, DC.

In partnership with District of Columbia Public School (DCPS), the BAM-FI program guides high-school aged young men of color toward high school graduation and success in the postsecondary pathway of their choosing. The vision is for these young men to be driven to lead change in their communities and be positioned to achieve greater economic mobility.

WHY BAM-FI WORKS

IT'S AN EVIDENCED-BASED PROGRAM

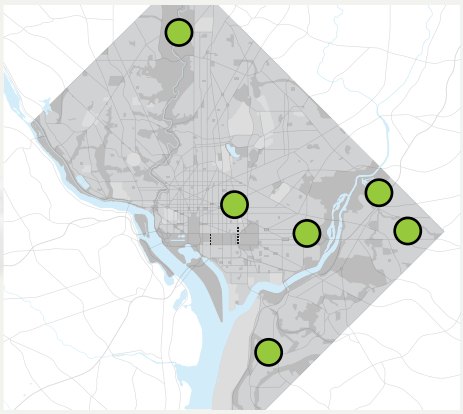
that is backed up by a Randomized Controlled Trial (RCT) conducted by the University of Chicago's Urban Labs.

IT INTEGRATES CLINICAL THEORY AND PRACTICE

men's rites of passage work, and a dynamic approach to youth engagement.

IT DELIVERS ON OUR MISSION

of "meeting students where they are," by providing ongoing basic, social-emotional, mental health and post-secondary education supports to our students



BAM-FI IN WASHINGTON, D.C.

The BAM-FI program now serves ninth to twelfth grade young men at Ballou High School, Dunbar High School, Eastern High School, H.D. Woodson High School, Ron Brown College Preparatory High School, and Roosevelt High School.

HOW BAM-FI WORK

BAM-FI Youth Specialists are accessible full-time in-school weekly conducting **60-90 minute group counseling sessions in "Circles" of 10-14 students and individual sessions** to ensure that all students' needs are met.

BAM-FI Program Specialists are integrated in the school focused on facilitating postsecondary preparation workshops, assisting students with **goal-setting for life beyond high school graduation**.

Students meet out-of-school monthly during the academic year for additional postsecondary planning and civic leadership & development activities.

Students participate in a 6-week summer academy that covers College and Career Readiness, Academic Supports, Leadership Development and Community Service.

BAM-FI PARTICIPANT SERVICES & ACTIVITIES

→ MENTAL HEALTH & WELL-BEING
Workshops focused on key developmental tasks and challenges facing adolescents, providing practical knowledge and tools that adults can employ to support their child's development.

→ ACADEMIC SUPPORT
Co-curricular instruction in core academic subjects (math, science, English), as well as individual tutoring through community partners. ACT/SAT test preparation is also provided.

→ POSTSECONDARY PLANNING
College and career exposure workshops and career planning, exploration and readiness activities.

→ CIVIC LEADERSHIP & DEVELOPMENT
Experiences that build knowledge and understanding of current social, political, and cultural issues that empower the participants to self-advocate and engage in local and national discourse.

→ SUMMER INTERNSHIPS & JOBS
Connect students to summer job and internships.

	FRESHMAN	SOPHOMORE	JUNIOR	SENIOR
School-based counseling	✓	✓	✓	✓
Mental health support	✓	✓	✓	✓
Academic support	✓	✓	✓	✓
College tours & career exposure activities	✓	✓	✓	✓
Civic leadership & development		✓	✓	✓
Career mentoring		✓	✓	✓
Summer jobs & internships			✓	✓

BAM-FI CORE VALUES

At the foundation of the BAM-FI experience is the BAM® curriculum. The curriculum is organized around six core values, which are explicitly aligned with academic-based social-emotional learning standards that include self-awareness, self-management, social-awareness, and responsible decision making.

→ INTEGRITY
Students learn that a man is someone who is reliable, honest, and in touch with his virtues.

→ ACCOUNTABILITY
Students learn that they should be responsible for the choices they make and take ownership for their feelings, thoughts and behaviors.

→ SELF-DETERMINATION
Students learn the importance of focus and perseverance in reaching one's goals and learn to deal with self-defeating feelings, thoughts and behaviors.

→ POSITIVE ANGER EXPRESSION
Students learn anger management, coping skills and effective techniques to express anger.

→ RESPECT FOR WOMANHOOD
Students are challenged to take a critical look at the values and actions that represent positive experiences and appreciation for women.

→ VISIONARY GOAL-SETTING
Students learn to envision their futures and make clear connections between current behaviors, attitudes, values and visions.

YOUTH GUIDANCE
GUIDING KIDS TO BRIGHT FUTURES

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To learn more about the BAM-FI program in Washington, D.C., please scan the QR code or email **infodc@youth-guidance.org**.